Have they come to you wrestling with continued indecisiveness and ongoing unresolved issues?

Are your clients struggling with internal conflict between their head-based thoughts, their gut-based instinct and their heart-based values?

Do you work with others one-on-one professionally?

- Have they come to you wrestling with continued indecisiveness and ongoing unresolved issues?
- Are your clients struggling with internal conflict between their head-based thoughts, their gut-based instinct and their heart-based values?

This training will give you many insights and discoveries:

- As you recognise and interpret the different languages of the three main intelligences
- Gain deep insights into how multiple brains produce internal conflict and what you can do about it

Who the mBIT Coach training is for:

- Professional coaches – executive coaches, life coaches, performance coaches
- Counsellors and people helpers
- Trainers and educators
- Organisational development consultants
- Leaders, managers and mentors

... anyone with who desires results that can only be achieved when head, heart and gut are in alignment!

Discover your keys to:

- Establish communication and alignment with your multiple brains
- Ensure each brain is operating from its Highest Expression
- Apply your Highest Expressions for greater wisdom in

Overview

This powerful four day training intensive, brings together research and with behavioural modelling of the 3 brains into a practical framework that provides a set of self-evolutionary tools for wiser decision-making in all areas of life.

Informed by the latest neuroscience along with techniques and concepts from NLP, Cognitive Linguistics, Positive Psychology and the field of Behavioral Modeling, Marvin Oka and Grant Soosalu have produced leading edge models and practical techniques for aligning the multiple brains and producing incredible results in human performance.
Current scientific knowledge in neuroscience is finally catching up with thousand year old esoteric and spiritual traditions that have long time known about the three powerful intelligences of the head, heart and gut.

Now isn’t that amazing! We’ve known at a deep and intuitive level, across the ages and within our own lives, that our intelligence, wisdom and core life competencies are not just embodied in the head.

If you’ve ever ‘lost heart’, been ‘gutted’, had ‘powerful gut reactions’, or experienced ‘deeply intuitive’ messages, you’ll immediately recognize just how pervasive the intelligence is, and the impacts of, the multiple brain system!

In this training you will learn how to align multiple brains using:

- **mBIT** multiple Brain Integration Techniques
- **mBraining** the process of aligning your multiple brains using mBIT methodology
- **mBIT Roadmap** a framework that outlines a clear developmental path when working with the three brains

These techniques help the 3 brains, (which have their own unique habits and learned patterns) to communicate and align with each other. When this happens our multiple brains work harmoniously together to produce generative wisdom, success and happiness.

**Ancient wisdom has always known about multiple brains:**

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**Signs of multi-brain integration issues:**

- Internal conflict between thoughts, feelings and actions
- Repeatedly not acting upon or sabotaging dreams, goals and plans
- Difficulty in changing habits or stopping unwanted behaviours and don’t know why
- Chronic disempowering emotional states such as frustration, depression, anger, anxiety, sadness, melancholy, etc.
- Chronic health issues, especially those to do with the heart or gut!
- Challenges in making decisions, are motivating self and taking positive actions forward

If your clients experience any of the above it’s time to help them re-pattern the multiple brains so they work together to support and enhance a successful life.

mBIT certified coaches consistently report that the mBIT processes create quicker and more lasting change. Coaches find mBIT to be an elegant and powerful adjunct to their existing toolkits.

**Benefits of mBIT course:**

After learning the mBraining techniques, you will find you are opening up to the inherent wisdom of your deep inner self and becoming one with your core values and beliefs and your authentic self. You also open up new possibilities in how you are creating and authoring your life. And that is truly life enhancing!

**What you get from mBIT Coach training?**

- Leadership in this newly emerging and exciting field
- A way to stand out and differentiate yourself in your marketplace
- A massive boost to your coaching effectiveness by learning to facilitate all three of your clients intelligences
- Another powerful resource to tap into your clients innate intuition and the wisdom of their heart and gut brains
- The streamlining of your coaching processes gaining quicker, deeper and more generative results for your clients
- Access to a professional network and collaborative community of ‘multiple brain coaches’ who are working together to bring evolutionary change to the world

“We will learn simple and powerful techniques for detecting and overcoming issues when your client’s head, heart and gut brains are NOT aligned”

“mBraining extends notions of both brain and mind. Steven Pinker famously says that ‘the mind is what the brain does’. Oka and Soosalu suggest that a greater mind is a function of a greater brain, that comprising head, heart, and hara…”

- Stephen Elliott, Author and Life Scientist, Coherence, USA
Learn 11 powerful new techniques:

You will learn:

- How neuroscience research has shown that you have three brains, and how these findings validate ancient wisdom teachings and practices
- How to harness the innate intelligences and generative wisdom of your multiple brains through the process of ‘mBraining’
- An entire suite of powerful and easy to learn ‘multiple Brain Integration Techniques’, collectively known as mBIT
- The 9 Prime Functions of your head, heart and gut brains, and how each provides you with a different ability and talent
- The 5 classes of mBIT Neural Integration Constraints that give you deep insight into how the three brains may produce internal conflict within yourself, and what you can do about it
- How to balance the Autonomic Nervous System through the ‘mBIT’
- Balanced Breathing’ method to quickly relieve stress and gain access to the innate intelligences of your three brains
- How to work with the ‘Core Competencies Framework’ to quickly diagnose unresourceful states, and discern what’s needed to bring the nervous system back into balance for optimal functioning in all three brains
- The technique of ‘mBIT Neural Syntax Mapping’ to explicitly reveal the functional or dysfunctional sequence in which the three brains are working together or conflicting with each other
- The ‘mBIT Foundational Sequence’ to ensure you are working with the three brains in the optimum sequence for generative results
- How to work with ‘mBIT Neural Integration Engagements’ to significantly amplify the effectiveness and power of your techniques whenever working with the three brains
- How to recognise and overcome 15 types of Neural Integration Blocks that prevent integration between the three brains

Testimonials:

“This is an important work! When so much of our response to life is based on what our ‘head’ brain tells us to do, it is exciting to see the research demonstrating the power and the importance of our heart and gut brains. Get all three aligned and your life changes!” JR, Author and Educator, Sydney, Australia

“mBraining takes up where NLP leaves off. mBraining is based on a synthesis of the latest research in neurology and cognitive science... This is the birth of a new field. In short, if you want a model that synthesizes NLP, that expands upon it and that is based on hard science, then mBraining is for you. Learn it now and get in on the ground floor.” Wyatt L. Woodsmall, Ph.D., NLP Master Trainer and Master Modeler, Co-Creator of the International NLP Trainers Association

“I now use mBIT and breathing with all my NLP clients. I teach the breathing now as a pre-requisite to every session! It makes such a difference to my clients’ state. From a balanced ANS almost anything is possible. Fabulous!”
MC, Coach, New Zealand

“mBraining is one of the technologies of the 21st century that can help us live the more balanced, rewarding & sustainable lives that we crave.” PP, NLP Trainer, New Zealand

“As Relationship Coaches, we found that we are able to be more effective in such a short timeframe using the skills and techniques of mBraining. Our clients have nothing but praise for mBIT and the eye-opening skills it teaches you” EK & SK, Melbourne., Australia

“I feel empowered and encouraged to use this with coaching in Perth. Amazing technique to quickly access a broader understanding of drivers and challenges of outcomes we want achieve.” Bobby Aitken

After mBraining Training:

You will find you are opening up to the inherent wisdom of your deep inner self and becoming one with your core values and core authentic self. You also open up new possibilities in how you are creating and authoring your life.